




# KUGB Kyu Grading Syllabus



 <b>Novice to 9th Kyu - white to orange belt</b>			
KIHON		KATA	KUMITE
1.	Jodan oi tsuki <i>Stepping punch to the head</i>	Kihon Kata	Sanbon or Gohon Kumite <i>Three step or five step sparing</i>
2.	Chudan oi tsuki <i>Stepping punch to the body</i>		
3.	Jodan age uke <i>Rising block</i>		
4.	Chudan soto uke <i>Outside block</i>		
5.	Chudan uchi uke <i>Inside Block</i>		
6.	Chudan mae geri <i>Front kick to the body</i>		
7.	Jodan mae geri <i>Front kick to the head</i>		



 <b>9<sup>th</sup> to 8<sup>th</sup> Kyu – orange to red belt</b>			
KIHON		KATA	KUMITE
As previous grading plus:		Heian Shodan	Sanbon or Gohon Kumite
1.	Chudan shuto uke <i>Knifehand block</i>		
2.	Yoko geri keage <i>Side snap kick</i>		
3.	Yoko geri kekomi <i>Side thrust kick</i>		



 <b>8<sup>th</sup> to 7<sup>th</sup> Kyu - red to yellow belt</b>			
KIHON		KATA	KUMITE
As previous grading plus:		Heian Nidan	Sanbon or Gohon Kumite
1.	Sanbon tsuki <i>Triple punch</i>		
2.	Age uke, gyaku tsuki		
3.	Soto uke, gyaku tsuki		
4.	Uchi uke, gyaku tsuki		



## KUGB Kyu Grading Syllabus



 <b>7<sup>th</sup> to 6<sup>th</sup> Kyu – yellow to green belt</b>			
KIHON		KATA	KUMITE
As previous grading plus:		Heian Sandan	Kihon Ippon Kumite with jodan and chudan oi tsuki attacks from right and left sides
1.	Age uke, gyaku tsuki, gedan barai		
2.	Soto uke, empi uchi		
3.	Shuto uke, nukite		
4.	Mae ren geri (changing legs)		

 <b>6<sup>th</sup> Kyu to 5<sup>th</sup> Kyu – green to purple belt</b>				
	KIHON		KATA	KUMITE
	As previous grading plus:		Heian	As previous grading plus : maegeri and yoko geri kekomi attacks
	1.	Soto uke, empi uchi, uraken	Yondan	
	2.	Uchi uke, kizame tsuki, gyaku tsuki		
	3.	Shuto uke, front leg mae geri, nukite		
4.	Mawashi geri			

 <b>5<sup>th</sup> Kyu to 4<sup>th</sup> Kyu - purple to purple and white belt</b>				
	KIHON		KATA	KUMITE
	As previous grading plus:		Heian	As previous grading
	1.	Soto uke, empi uchi, uraken, gyaku tsuki	Godan	

 <b>4<sup>th</sup> Kyu to 3<sup>rd</sup> Kyu – purple and white to brown belt</b>				
	KIHON		KATA	KUMITE
	1.	Soto uke, empi uchi, uraken gyaku tsuki, gedan barai	Tekki Shodan	As previous grading, plus mawashi geri attack
	2.	Uchi uke, kizame tsuki, gyaku tsuki, gedan barai		
	3.	Ushiro geri		

 <b>3<sup>rd</sup> Kyu to 2<sup>nd</sup> Kyu - brown to brown and white belt</b>				
	KIHON		KATA	KUMITE
	1.	Kizame tsuki, oi tsuki, gyaku tsuki	Bassai Dai	Ju Ippon Kumite with jodan and chudan oi tsuki, chudan mae geri, chudan yoko geri, jodan mawashi geri and chudan ushiro geri attacks
	2.	Mae geri, oi tsuki, gyaku tsuki		
	3.	Yoko geri, uraken, gyaku tsuki		
	4.	Mawashi geri, uraken, gyaku tsuki		
	5.	Ushiro geri, uraken, gyaku tsuki		
6.	Mae geri, yoko geri, mawashi geri, ushiro geri, uraken, gyaku tsuki			

 <b>2<sup>nd</sup> Kyu to 1<sup>st</sup> Kyu- remains brown and white belt</b>				
	KIHON		KATA	KUMITE
	As previous grading		Bassai Dai	As previous grading